

VI FORUM

multidisciplinare di nutrizione



pianeta **nutrizione**
& *integrazione*

CONCURRENTLY WITH



MILANO 2015
FEEDING THE PLANET
ENERGY FOR LIFE



European Union

Official Participant

Milan, 25th - 27th June 2015
CONVENTION CENTRE 'STELLA POLARE'

ORGANIZING SECRETARIAT:



AKESIOS
FORMAZIONE & CONGRESSI GROUP

GENERAL INFORMATION

CONGRESS VENUE

'Stella Polare'
Strada Statale del Sempione, 28
RHO - Milan, Italy

CME INFO

AKESIOS GROUP National Standard Provider no. 403, awarded CME credits to the following professionals: Medical Doctors, Biologists, Dietitian, Dentists, Midwives, Pharmacists, Nurses, Physiotherapists. Check the program for the different official CME credits provided. For only Italian participants.



OFFICIAL LANGUAGES

The official languages are Italian and English. Simultaneous translation will be provided.

EXPO MILANO 2015

AKESIOS GROUP partner of Fiere di Parma realized an exhibition area inside of the pavilion CIBUS è ITALIA during EXPO 2015, starting from May 1st. All participants at the VI Forum Pianeta Nutrizione & Integrazione (3 days) will have free access at the Expo area.

PROVIDER & ORGANIZING SECRETARIAT

AKESIOS GROUP
Via A. Viola, 9 Parma, Italy
Ph. +39 0521 647705 - Fax +39 0521 1622061
info@akesios.it - www.akesios.it

REGISTRATION DESK

The registration desks will be open during the following hours:
June 25, 2015: 08.30-19.00 hrs
June 26, 2015: 08.30-19.00 hrs
June 27, 2015: 08.30-19.00 hrs

COMMITTEES



PIANETA NUTRIZIONE & INTEGRAZIONE COMMITTEES

in partnership with:



HONORARY CHAIRMAN

Fulvio Marzatico

CHAIRMAN

Sergio Bernasconi

Michele Carruba

STEERING COMMITTEE

Fabrizio Angelini

Donatella Ballardini

Massimo Bonucci

Salvatore Ciappellano

Maria Corgna

Michele Ettorre

Enrico Ferrazzi

Paola Fiori

Annalisa Maghetti

Sabrina Anna Nervi

Roberto Sori

Tiziana Stallone

Franco Vicariotto

Gian Vincenzo Zuccotti



INTERNATIONAL PEDIATRIC CONFERENCE COMMITTEES

in partnership with:



HONORARY CHAIRMEN

Giuseppe Chiumello

Marcello Giovannini

Giorgio Rondini

CHAIRMAN

Sergio Bernasconi

Giovanni Corsello

Gian Vincenzo Zuccotti

NATIONAL COMMITTEE

Carlo Catassi

Irene Cetin

Giampietro Chimenti

Piernicola Garofalo

Mahamad Maghnie

Marina Picca

Andrea Poli

Enrica Riva

Costantino Romagnoli

Giuseppe Saggese

Paolo Siani

LOCAL COMMITTEE

Carlo Agostoni

Giuseppe Banderali

Luca Bernardo

Andrea Biondi

Costantino De Giacomo

Gianluca Lista

Gianluigi Marseglia

Stefano Martinelli

Fabio Mosca

Luigi Nespoli

Alessandro Plebani

Mauro Stronati

Arsenio Veicsteinas

under the patronage of:



TIMETABLE

PIANETA NUTRIZIONE & INTEGRAZIONE



INTERNATIONAL PEDIATRIC CONFERENCE



HALL	25 THURSDAY JUNE	26 FRIDAY JUNE	27 SATURDAY JUNE
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PLENARY SESSION

GROUND FLOOR

FIRST FLOOR

	AM	PM	AM	PM	AM	PM
GEMINI	Nutrition and Woman		Probiotic Symposium	Prevention & Nutrition Symposium	The Right Food + the Right Exercise = Energy for your Life	
FRANCI		Nutrition in the first 1,000 days	Physical Activity Symposium	Growth & Nutrition Symposium	Growth & Nutrition Symposium	
LIBRA	The Balance of Good Health		Malnutrition for Up or Down		Nutrition, Amino Acids and Health	
MARTINI	SINU Congress		XVII ANSISA National Congress		Human Nutrition: Evolution, Behaviour, Genomics	
SAGITTARIUS	Challenge in Muscular Dystrophy	Integrative Care and Nutrition in Oncology	Integrative Care and Nutrition in Oncology		Integrative Care and Nutrition in Oncology	

WORKSHOP

GROUND FLOOR

TAURUS	Pnei 4 you	Talk Show enuresi notturna
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PRELIMINARY PROGRAM



SPEAKERS AND CHAIRMEN

Massimo AGOSTI (Italy)
Carlo AGOSTONI (Italy)
Wolfgang AHRENS (Germany)
Gianluca AIMARETTI (Italy)
Gianfranco BELTRAMI (Italy)
Sergio BERNASCONI (Italy)
Gianni BONA (Italy)
Mauro BOZZOLA (Italy)
Patrizia BRIGIDI (Italy)
Fabio BUZI (Italy)
Marco CAPPÀ (Italy)
Manuela CARUSO NICOLETTI (Italy)
Luciano CAVALLÒ (Italy)
Serge CHALONS (France)
Pascale CHAVATTE-PALMER (France)
Francesco CHIARELLI (Italy)
Stefano CIANFARANI (Italy)
Mario CLERICI (Italy)
Nicola CORCIULO (Italy)
Giovanni CORSELLO (Italy)
Mario DE CURTIS (Italy)
Filippo DE LUCA (Italy)
Tiziana FRUSCA (Italy)
Giovanni GALLO (Italy)
Piernicola GAROFALO (Italy)
Antonio GASBARRINI (Italy)
Nella Augusta GREGGIO (Italy)
Alfredo GUARINO (Italy)
Laura GUAZZAROTTI (Italy)
Lorenzo IUGHETTI (Italy)
Sandro LOCHE (Italy)
Claudio MAFFEIS (Italy)

Mohamad MAGHNIE (Italy)
Chiara MAMELI (Italy)
Paolo MANZONI (Italy)
Laura MAZZANTI (Italy)
Giampiero MERATI (Italy)
Isabella MERZAGORA (Italy)
Manuel MORENO (Spain)
Angelika MOHN (Italy)
Sophie NICKLAUS (France)
Valerio NOBILI (Italy)
Fabio PACE (Italy)
Paolo BECK-PECCOZZO (Italy)
Alberto PELLAI (Italy)
Luis PEREIRA-DA-SILVA (Portugal)
Laura PERRONE (Italy)
Angelo PIETROBELLI (Italy)
Piero PORTINCASA (Italy)
Barbara PREDIERI (Italy)
Flavia PRODAM (Italy)
Susanna RAMPICHINI (Italy)
Carla REGO (Portugal)
Marie Françoise ROLLAND CACHERA (France)
Giuseppe SAGGESE (Italy)
Maria Carolina SALERNO (Italy)
Alessandro SARTORIO (Italy)
Salvatore SEMINARA (Italy)
Maria Elisabeth STREET (Italy)
Arsenio VEICSTEINAS (Italy)
Giovanna WEBER (Italy)
Stefano ZUCCHINI (Italy)
Gian Vincenzo ZUCCOTTI (Italy)

**INTERNATIONAL PEDIATRIC CONFERENCE
ON FOOD, PHYSICAL ACTIVITY AND WELL-BEING:
TACKLING CHILDHOOD OBESITY THROUGH PREVENTION**

PLENARY SESSION

NUTRITION IN THE FIRST 1,000 DAYS

Chairmen: Carla REGO - Giovanni CORSELLO

- 14.00 **Infant nutrition: an opportunity to optimize future health**
Manuel MORENO (Spain)
- 14.20 **Diet before and during pregnancy and child health: lessons from animal models**
Pascale CHAVATTE-PALMER (France)
- 14.40 **Preterm and low birth weight nutrition in the first months of life: implications for the outcome**
Massimo AGOSTI (Italy)
- 15.20 **Behind human milk and breastfeeding: not only food, not only growth**
Carlo AGOSTONI (Italy)
- 15.40 **The burden of childhood obesity in Italy and the results of nutrintake study**
Gian Vincenzo ZUCCOTTI (Italy)
- 16.00 **Diet of young children in the Mediterranean region**
Luis PEREIRA-DA-SILVA (Portugal)
- 16.20 **Macronutrient intakes in early life and subsequent risk of obesity**
Marie Françoise ROLLAND CACHERA (France)
- 16.40 **Complementary feeding strategies to facilitate acceptance of fruits and vegetables**
Sophie NICKLAUS (France)
- 17.00 **To prevent obesity: importance and issues of cultural adaptation from weaning to 3 years of age**
Serge CHALONS (France)
- 17.20 **Proposal of 10 good practices to help prevent obesity in the first 1,000 days**
Angelo PIETROBELLI (Italy)
- 17.40 **DISCUSSION AND CME QUESTIONARY**

INTERNATIONAL PEDIATRIC CONFERENCE ON FOOD, PHYSICAL ACTIVITY AND WELL-BEING: TACKLING CHILDHOOD OBESITY THROUGH PREVENTION

PROBIOTIC SYMPOSIUM

- 10.00 **A decade of advance in human microbiota investigation**
Patrizia BRIGIDI (Italy)
- 10.20 **Function of the microbiota**
Antonio GASBARRINI (Italy)
- 10.40 **Adaptive interactions between the gut microbiota and host me-tabolism**
Piero PORTINCASA (Italy)
- 11.00 **Gut microbiota and human GI disease**
Alfredo GUARINO (Italy)
- 11.20 **DISCUSSION**
- 11.30 **COFFEE BREAK**
- 11.50 **Relationship between gut microbiota and obesity**
Fabio PACE (Italy)
- 12.10 **Probiotics in non-alcoholic steatohepatitis in children**
Valerio NOBILI (Italy)
- 12.30 **Probiotic and inflammasomes**
Mario CLERICI (Italy)
- 12.50 **Probiotic and newborns**
Paolo MANZONI (Italy)
- 13.10 **DISCUSSION**
- 13.20 **LUNCH BREAK**

INTERNATIONAL PEDIATRIC CONFERENCE ON FOOD, PHYSICAL ACTIVITY AND WELL-BEING: TACKLING CHILDHOOD OBESITY THROUGH PREVENTION

PHYSICAL ACTIVITY SYMPOSIUM

PHYSICAL EXERCISE AND WEARABLE TECHNOLOGY OF TODAY FOR THE CHILDREN WELLNESS OF TOMORROW. A PERSONALE TRAINER SURROGATE?

Chairmen: Gian Vincenzo ZUCCOTTI - Arsenio VEICSTEINAS

- 10.00 **Objectively measured physical activity and its association with overweight and obesity in European children. Core findings of the IDEFICS study**
Wolfgang AHRENS (Germany)
- 10.30 **Nutrition and young athletes and effects of exercise. Pratical suggestions.**
Giampiero MERATI (Italy)
- 10.50 **The measurement of daily energy expenditure in children. Evaluation of a new wrist portable device vs breath-by-breath metabolimeter**
Susanna RAMPICHINI (Italy) - Arsenio VEICSTEINAS (Italy)
- 11.10 **Globesity in children. Preliminary studies with a novel experimental customized approach**
Chiara MAMELI (Italy)
- 11.30 **COFFEE BREAK**
- 12.00 **Exercise as a prevention tool of deviance in children and adolescents**
Isabella MERZAGORA (Italy)
- 12.20 **Newborn in the digital era and their body feeling: physical exercise and life skills based education to counteract conditioned hypereating**
Alberto PELLAI (Italy)
- 12.40 **DISCUSSION**
- 13.00 **LUNCH BREAK**

Partecipanti:

Maria Laura CHIOZZA (Italy)

Lorenzo CRESTA (Italy)

Antonio D'ALESSIO (Italy)

Pietro FERRARA (Italy)

13.00 **Enuresi: inquadramento**

Enuresi e alimentazione

Approccio terapeutico all'enuresi

Enuresi: update e domande all'Esperto

Con il contributo educativo di:



INTERNATIONAL PEDIATRIC CONFERENCE ON FOOD, PHYSICAL ACTIVITY AND WELL-BEING: TACKLING CHILDHOOD OBESITY THROUGH PREVENTION

PREVENTION & NUTRITION SYMPOSIUM

NUTRITION AND BONE HEALTH. PREVENTION OF OSTEOPOROSIS SHOULD BE DONE IN PEDIATRIC AGE

15.00 **Bone mass acquisition during pediatric age**

TBD

15.30 **Nutritional factors and calcium intake**

TBD

16.00 **Vitamin D**

TBD

16.30 **Physical activity**

TBD

17.00 **DISCUSSION AND CME QUESTIONARY**

INTERNATIONAL PEDIATRIC CONFERENCE ON FOOD, PHYSICAL ACTIVITY AND WELL-BEING: TACKLING CHILDHOOD OBESITY THROUGH PREVENTION

GROWTH & NUTRITION SYMPOSIUM

- 14.50 **WELCOME INTRODUCTION**
Sergio BERNASCONI
- 15.00 ***LECTURE: NATION-SPECIFIC REFERENCE GROWTH CHARTS IN THE DAILY PRACTICE***
Chairmen: Gian Vincenzo ZUCCOTTI (Italy) - Paolo BECK-PECCOZ (Italy)
Speaker: Alessandro SARTORIO (Italy)
- 15.30 **Nutrition, growth and cardiovascular diseases**
Chairmen: Luciano CAVALLO (Italy) - Angelika MOHN (Italy)
Speakers: Francesco CHIARELLI (Italy) - Maria Carolina SALERNO (Italy)
- 16.10 **Nutrition, growth and body composition**
Chairmen: Gianluca AIMARETTI (Italy) - Filippo DE LUCA (Italy)
Speakers: Claudio MAFFEIS (Italy) - Flavia PRODAM (Italy)
- 16.50 **DISCUSSION**
- 17.10 **Early nutrition patterns and later metabolic outcomes**
Chairmen: Mauro BOZZOLA (Italy) - Barbara PREDIERI (Italy)
Speakers: Manuela CARUSO NICOLETTI (Italy) - Laura GUAZZAROTTI (Italy)
- 17.50 **Growth body composition and GH therapy**
Chairmen: Gianni BONA (Italy) - Laura MAZZANTI (Italy)
Speakers: Mohamad MAGHNIE (Italy) - Marco CAPPÀ (Italy)
- 18.30 **DISCUSSION AND CME QUESTIONARY**

INTERNATIONAL PEDIATRIC CONFERENCE ON FOOD, PHYSICAL ACTIVITY AND WELL-BEING: TACKLING CHILDHOOD OBESITY THROUGH PREVENTION

GROWTH & NUTRITION SYMPOSIUM

10.00 **Body fat distribution and gender**

Chairmen: Giovanna WEBER (Italy) - Salvatore SEMINARA (Italy)

Speakers: Laura PERRONE (Italy) - Lorenzo IUGHETTI (Italy)

10.40 **Growth patterns in some chronic diseases**

Chairmen: Stefano ZUCCHINI (Italy) - Giovanni GALLO (Italy)

Speakers: Sandro LOCHE (Italy) - Maria Elisabeth STREET (Italy)

11.20 **DISCUSSION**

11.30 **COFFEE BREAK**

12.00 **Nutrition and IGF-1 system**

Chairmen: Fabio BUZI (Italy) - Nella Augusta GREGGIO (Italy)

Speakers: Stefano CIANFARANI (Italy) - Piernicola GAROFALO (Italy)

12.40 **Prenatal growth and nutrition of preterm newborns**

Chairmen: Nicola CORCIULO (Italy) - Giuseppe SAGGESE (Italy)

Speakers: Mario DE CURTIS (Italy) - Tiziana FRUSCA (Italy)

13.20 **DISCUSSION AND CME QUESTIONARY**



Il convegno è stato accreditato per la figura del:

Medico Chirurgo, Infermiere Pediatrico

Akesios Group, Provider n. 403, ha conferito n. **16 crediti ECM**



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